

#### MONMOUTH /OCEAN BREASTFEEDING CONSORTIUM 888 Main Street, Belford NJ 07718

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#### Continuing Nursing Education:

This activity has been submitted to the New Jersey State Nurses Association (NJSNA) for approval to award contact hours. NJSNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission On Accreditation.

Accredited status does not imply endorsement by Monmouth/Ocean Breastfeeding Consortium (MOBC), NJSNA or ANCC Commission on Accreditation of any commercial products discussed/displayed in conjunction with this program.

Nursing Contact hours are provided at the end of the program. In order to receive a certificate you must sign in, attend the full day and complete an evaluation form. Application for CERPs has been submitted to IBLCE. Questions? Contact Ellen Shuzman at 732-937-5437 ext 155.

#### **Disclosures:**

The Planning Committee and the speaker have no conflicts of interest to disclose. Disclosure forms are required and they are reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentations were reviewed and there was no bias. There is no commercial support for the conference.

## A DAY WITH DR E.STEPHEN BUESCHER: DECODING MOTHERS' MILK

#### DIRECTIONS

Garden State Parkway North or South, Exit 100 to Route 33 East; Approximately 5 miles, make left onto Neptune Blvd. just past hospital, at light. High School is on the left about 1/4 mile down.

Route 18, Exit 8-A, Route 33, Neptune; follow ramp to Route 33 East; then follow directions above.

Neptune Performing Arts Center 55 Neptune Blvd. Neptune, NJ 07753 Please park across the street at 60 Neptune Blvd, large north lot.

> Bring a sweater: the room may be chilly! Quiet nursing babies under 6 months are permitted.

AUGUST 2, 2017 NEPTUNE HIGH SCHOOL PERFORMING ARTS CENTER NEPTUNE, NJ



MONMOUTH/OCEAN BREASTFEEDING CONSORTIUM Jointly provided by Jersey Shore University Medical Center

#### **FEATURED SPEAKER**

### E. Stephen Buescher, MD

Dr. Buescher's work has focused on inflammation, its cellular and humoral components, and the anti-inflammatory characteristics of human milk. Additionally, he is the author of Breastfeeding and Diseases: A Reference Guide.

#### PROGRAM 7:30AM - 3:45PM

| 7:30A -8A       | Registration and breakfast   |
|-----------------|--|
| 8A-8:15A        | Welcome  |
| 8:15 - 9:45A    | Mother's Milk Mysteries  |
| 9:45A - 10A     | Break  |
| 10A -11:30A     | Human Milk – It's Not Just Food  |
| 11:30A -11:45A  | Q & A  |
| 11:45A - 12:45P | Lunch  |
| 12:45P -2:15P   | A Prebiotic/Probiotic Primer: Human<br>Milk Compared to Infant Formula |
| 2:15P - 3:45P   | Getting the Right Start  |
| 3:45P-4P        | Evaluations and Certificates   |

### LEARNER OUTCOMES

- Explain the scientific evidence supporting use of human milk in preference to infant formula.
- Discuss the effects of nutritive vs non-nutritive aspects of human milk.

# REGISTRATION



| Address                         |  |   |
|---------------------------------|--|---|
| City                            |  |   |
| State                           | ZIP  |   |
| Title                           | Credentials<br>(e.g. MD, RN, IBCLC, other)                         |   |
| DI                              | (e.g. MD, RN, IBCLC, other)  |   |
| Agency/Institu                  | ution  |   |
| *Email Addres<br>*Your email wi | s:   | Early Registration:<br>(post marked by July 15th)<br>\$95.00    |
|                                 |  | Late Registration:<br>(post marked after July 15th)<br>\$110.00 |
|                                 |  | Do you require a Kosher meal<br>Yes                             |
| Μ                               | IAIL TO:   |   |
| 8                               | 1onmouth/Ocean Breastfeeding Co<br>88 Main St.<br>elford, NJ 07718 | onsortium   |

Refunds may be requested in writing before July 15. No refunds will be granted after July 15 or for "no-shows". Registrations may be transferred to a colleague.